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The Obstacle Is The Way...In 15 Minutes - The Survivor's Summary Of Ryan Holiday's Best Selling Book

Summary

THE **OBSTACLE** IS THE WAY...



In
15 Minutes

The Survivor's Summary to
RYAN HOLIDAY's Best Selling Book

By: Matthew Davis



Synopsis

This is a book summary for *The Obstacle Is the Way: The Timeless Art of Turning Trials into Triumph* by Ryan Holiday. Essentially a manual on Stoicism, Holiday examines through history those who face an obstacle head on, see it as an opportunity to grow, take action, and defeat their circumstances. The Survivorâ€™s Summary of Ryan Holidayâ€™s Best Selling Book is a fast reference tool and book summary that captures the most essential information; condensed and organized so its practical, simple and extremely useful. It's also easy to read through, directly to the point and saves you loads of time! It is designed for: 1.) The busy individual familiar with the book and seek a better understanding of the key concepts one may have missed. 2.) The newcomer who values time spent on EXECUTION, not reading. Key Benefits: Excellent compact summary of the authorâ€™s intent in a fast, convenient format. Takes out the vague or complex. Explains the underlying stoic philosophy in words you can understand. Saves you precious time from re-reading the 220+ page book to re-absorb, remember and categorize concepts. We did all the work for you. Extraordinarily usable so you can keep the topic relevant and in front of you for times when tenacity and steady perseverance are needed. Includes in-depth, critical commentary for a balanced perspective, and what the author forgot to mention. More than just a book summary, pull up this reference tool to help you develop resolve, determination, steel and tenacity. Life just got more impactful as you realize no obstacle is too big to overcome. Through resilience, calm and composure, you can learn how to become more objective with how you perceive setbacks. Rather than give in, become extraordinary winners who persevere, no matter what life throws at us! This summary is designed to be purchased alongside the reviewed title *The Obstacle Is the Way: The Timeless Art of Turning Trials into Triumph*. Keyword: The Obstacle is the Way, Ryan Holiday.

Book Information

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Customer Reviews

This book is the condensed guide for Ryan Holiday's "The Obstacle is the Way." I really enjoyed reading this book, and I believe it managed to cover the the important points of the original book in a concise manner. I learned quite a bit from it, and this has really altered my perspective on how I should tackle my problems. This book is also broken up into sections for helpful navigation throughout, and of course, it has many quotes from the original book. If you happen to be familiar with the original work, this book summarizes everything up nicely. If you're not, this book will still break things down for you and teach you a lot!

When I was going through what seemed to be a never-ending series of trials and tribulations a few months ago, someone sent me Ryan Holiday's The Obstacle is the Way. The book was very helpful to me in taking a look at those in history who have faced obstacles and were able to grow and come out on top. I have referred back to the book repeatedly since but thought that a summary would be nice. This one is perfect and I can find inspiration in a just a few pages with this condensed guide.

The book an its information is a 1 or 2 at best. The 4 stars are for the summary because its a good summary of the original book without wasting all the time the original makes you waste. So for me the summary its way better. But in general I just don't like the information.

This was a great read. It broke down Ryan Holiday's massive book and distilled it for quicker consumption. The Stoic principles are, in my opinion, some of the best philosophical lessons a person can learn. This book helps you ingest them quickly. Top notch.

This short book was very insightful. I always felt inside I was a stoic but never did I know that such a word existed to describe my feelings toward life and what I am dealing with. I highly recommend this even though it was a short read it can be very helpful

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